ONLINE COURSE



Internal Pelvic Balance: Ligaments in Postpartum and in Pelvic Pain

SYLLABUS

- 1. Assessing the state of balance and imbalance of internal uterine and pelvic ligaments
- 2. In-depth learning on the influence ligaments have on the surrounding soft tissues, joints, and bones
 - a. Broad ligament
 - b. Uterosacral ligaments
 - c. Uterine Round ligaments
 - d. Inguinal ligaments
 - e. Sacrospinous ligaments
 - f. Sacrotuberous ligaments
 - g. Pelvic fascia