

Internal Pelvic Balance: Ligaments in Pregnancy and in Birth

SYLLABUS

Please note, the scope of the curriculum may vary depending on location and duration of training.

1. Assessing the state of balance and imbalance of internal uterine and pelvic ligaments
2. In-depth learning on the influence ligaments have on the surrounding soft tissues, joints, and bones
 - a. Broad ligament
 - b. Uterosacral ligaments
 - c. Uterine Round ligaments
 - d. Inguinal ligaments
 - e. Sacrospinous ligaments
 - f. Sacrotuberous ligaments
 - g. Pelvic fascia

EQUILIBRIO	INTERNAL PELVIC BALANCE: LIGAMENTS IN PREGNANCY AND IN BIRTH	IN-PERSON TRAINING	1
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